Rocca di Bertinoro
Fresco Room - Fondazione Ce.U.B.
Via Frangipane 6 · Bertinoro (FC)

7th Emilia-Romagna Regional Congress

Balancing Complexity, Taming Complications,
Challenging Myths, Creating Better Recovery

SCIENTIFIC PROGRAMME

Conference Chairs
Davide Cavaliere - Giorgio Ercolani

Registration

ERAS CIRCUS 2026
7th Emilia-Romagna Regional Congress – ERAS-ER

Scientific Rationale & Meeting Format
ERAS CIRCUS 2026 brings together regional experts and multidisciplinary teams in Bertinoro to share evidence and improve perioperative care.

Four circus-inspired acts — **The Acrobats, The Lion Tamers, The Clowns, and The Magicians** — explore clinical complexity, complications, established practices, and innovation.

Through focused talks, debates, and audience participation, the meeting translates evidence into practical strategies for safer, more effective, patient-centred recovery.

The day at a glance

Time	Morning Session
8:30-9:00	Registration
9:00-9:30	**Opening the Big Top**
9:30-11:00	**ACT I · The Acrobats**
11:00-11:15	Coffee Break
11:15-12:45	**ACT II · The Lion Tamers**
12:45-13:45	Lunch

Time	Afternoon Session
13:45-15:15	**ACT III · The Clowns**
15:15-16:45	**ACT IV · The Magicians**
16:45-17:00	**The Grand Finale · Closing remarks**

8:30–9:00 **Registration**

9:00–9:30 **Opening the Big Top**

9:00–9:20 **Welcome address and institutional greetings**

9:20–9:30 **Welcome to the ERAS Circus - The seventh act: continuity, measurement and transformation**
Davide Cavaliere (Faenza), Giorgio Ercolani (Forlì)

9:30–11:00 Act I - The Acrobats

The Art of Balance in Perioperative Care

Chairs: *Matteo Cescon (Bologna), Costanza Martino (Lugo) Giorgio Soliani (Cento)*

9:30–9:45 **The ERAS acrobat: balancing standardization and personalization in perioperative care**
Michele Masetti (Imola)

9:45–10:00 **The management acrobat: can ERAS improve both outcomes and hospital performance?**
Mattia Altini (Modena)

10:00–10:15 **Early discharge: how far can we push without increasing unplanned readmissions?**
Gianluca Garulli (Rimini)

10:15–10:30 **Pain control after major minimally invasive surgery: are we ready to leave the IV behind?**
Emiliano Gamberini (Forlì)

10:30–11:00 **How far can we push ERAS?**
Ruggero Bollino (ReggioEmilia), Riccardo Bertelli (Cesena) Marco Di Pangrazio (Modena), Filippo Paratore (Faenza) Giuliano La Barba (Forlì)

11:00–11:15 **Coffee break**

11:15–12:45 Act II – The Lion Tamers

When recovery does not go according to plan

Chairs: *Elena Bigi (Faenza), Renato Costi (Parma)*
Enrico Guerra (Ravenna)

11:15–11:30 **The anastomotic leak: can we really tame the beast?**
Marco Giacometti (Guastalla)

11:30–11:45 **Postoperative ileus: the sleeping lion of enhanced recovery**
Carlo Feo (Ferrara)

11:45–12:00 **Size, strength and frailty: who is really at risk?**
Leonardo Solaini (Forlì)

12:00–12:15 **ERAS in emergency surgery: entering the lion's cage**
Nicola Fabbri (Cesena)

12:15–12:45 **Face the beast - continue, modify or stop ERAS?**
Andrea Avanzolini (Forlì), Ilaria Guidi (Forlì)
Francesco Pasini (Faenza), Giuseppe Resta (Ferrara)
Marta Tanzanu (Faenza)

12:45–13:45 **Lunch**

13:45–15:15

Act III – The Clowns

The Greatest Myths in Perioperative Care

Chairs: *Stefano Bonilauri (ReggioEmilia)*
Ruggero Corso (Piacenza)

13:45–14:00 **Stop doing list 2026**
Davide Cavaliere (Faenza)

14:00–14:15 **Fit for surgery - or just cleared for anesthesia?**
Marina Terzitta (Ravenna)

14:15–14:30 **Are we really doing ERAS?**
Ilaria Massa (Meldola)

14:30–14:45 **The Foley, the drain and the nasogastric tube**
Agnese Fabbroni (Forlì) – Simona Montefiori (Faenza)

14:45–15:15 **Are we really doing ERAS?**
Massimo Framarini (Forlì), Maria Concetta Lanza (Forlì)
Enrico Lazzarini (Faenza), Benedetta Mattioli (Faenza)
Alessandro Palladino (Cesena)

15:15–16:45

Act IV - The Magicians

The Future of Enhanced Recovery - Making the Impossible Possible

Chairs: *Massimiliano Fabozzi (ReggioEmilia)*
Giuseppe Navarra (Bologna), Federico Zanzi (Lugo)

15:15–15:30 **The invisible assistant: AI meets ERAS**
Mattia Portinari (Rimini)

15:30–15:45 **Robotics & ERAS: Hi-Tech magic or measurable value?**
Federico Marchesi (Parma)

15:45–16:00 **The disappearing hospital stay: who takes care of the patient at home?**
Andrea Lucchi (Riccione)

16:00–16:15 **Awake surgery & ERAS**
Filippo Banchini (Piacenza)

16:15–16:45 **From enhanced recovery to predictive recovery**
Leonardo Bergossi (Cesena), Paolo Di Gioia (Forlì)
Sofia Esposito (Modena), Sara Pellegrini (Faenza)
Maria Chiara Prudentino (Faenza)

16:45–17:00

The Grand Finale

Closing Remarks
Giorgio Ercolani (Forlì) - Davide Cavaliere (Faenza)

Notes

Venue & Organizing Secretariat

FONDAZIONE Ce.U.B.

Rocca di Bertinoro – Fresco Room
Centro Residenziale Universitario di Bertinoro
Via Frangipane, 6 · Bertinoro (FC)
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Scientific Secretariat

General Surgery – Faenza
Enrico Lazzarini, Benedetta Mattioli, Filippo Paratore, Francesco Pasini, Sara Pellegrini, Gianluca Senatore, Marta Tanzanu

General Surgery – Forlì
Andrea Avanzolini, Massimo Framarini, Leonardo Solaini, Giuliano La Barba

Register online

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Azienda Unità Sanitaria Locale della Romagna

Comune di Bertinoro

Società Italiana di Chirurgia
Italian Society of Surgery - ISS

Italian Society of Hernia and Abdominal Wall Surgery
Società Italiana di Chirurgia dell'Ernia e della Parete Addominale

SICE
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